



Bread & Broth Newsletter

A Note From Our Director.....

Dear Fellow Bread & Broth Volunteers,

As a Bread & Broth volunteer, you are one of over 200 caring people who are making life better for those in need in our community. To be involved in providing two hot nutritious meals weekly to anyone who comes to our door and providing weekly bags of food to needy children throughout the school year and summer break, requires a genuine commitment of time and kindness. The result of all of this effort makes everybody feel good.

Research has shown that volunteering and practicing “loving kindness” can profoundly affect your attitude, outlook, and even your health. How often have you felt a sense of fulfillment and humbling gratitude after serving on your volunteer shift? There is a correlation between having purpose in life and a person’s well-being. Volunteering not only helps others but leads to a happier and healthier you. My hope is that your service to Bread & Broth brings you every benefit that purposeful volunteering can bring.

Sincerely,

Carol Gerard, Director



Grace Hall Kitchen Deep Cleaning

Thursday, October 17th 9:00 a.m.

Once again, we need volunteers to help with the quarterly deep cleaning of Grace Hall. If you have the free time to support this effort, please contact Mary Ann Valles at 530-545-3192.

“Burlap & Denim”- A Smashing Success

Bread & Broth’s fundraiser, “Burlap & Denim”, was held at Celio Ranch in Meyers on August 24th. Attendees were treated to a great barbecue dinner, wine and beer, live music, games and ranch tours. The fundraiser also included a raffle and silent auction with over 100 generous offerings from local businesses and restaurants.

Over \$8,000 was raised at the event!!!! These monies will be used to support the purchase of food for the B&B 4 Kids program. A big thank you to all of the attendees, the Celio’s, and all of you who volunteered at the event or with securing items for our auction. Your participation was greatly appreciated!



Smart & Final

One of our biggest donors of food for several of our programs is Smart & Final of South Lake Tahoe. Each week, our meat supplies for Monday Meal and Second Serving are provided by Smart & Final- not just for the dinners that are cooked but for food giveaways to our diners and families who will use the meat throughout the week. Any additional leftover meat is then given to the Family Resource Center. Bread & Broth also receives breads and desserts that are not only used for our Monday and Friday dinners, but also contributes to our high school snack program.

For our B&B Kids program, Ernesto, Smart & Final store manager, and Vicky, customer service rep, are quick to discount our orders/receipts each week and donate items they know the kids will eat. Smart & Final has provided all of the bags we use each week to distribute food to over 175 students over the weekend.

And for special events, Smart & Final is always eager to donate-a pop-up tent for Cram-A-Cruiser, containers for us to transport food, and gift cards for special events.

The next time you shop at Smart & Final, please thank them for their support of Bread & Broth and their true example of community generosity.

Goodbye!

It is with sadness that we say goodbye to three longtime Bread & Broth Advisory Board members who have "retired" from their Board position but will remain active in other capacities in our organization.

Kathi Olsen has held the position of lead Monday Meal Cook Chairperson for over 10 years. Kathi has served as the lead of all of the Monday Meal cooks, has provided training for new cooks, has handled all of the kitchen issues that arise, and coordinated the annual Thanksgiving Dinner. Kathi will continue to serve as the Week 4 lead cook and offer ongoing assistance.

Dave Carnegie has served as our Second Serving Chairperson for over 5 years. Dave will continue to provision for the Friday meals and will interact with the weekly cooks.

Brandi Bannister, a Second Serving volunteer, has assumed the role of Chairperson.

Megan Dorris has served as B&B's hardworking treasurer for over three years. Although resigning from the Advisory Board, Meghan will continue to help out in her role as a Second Serving volunteer as needed and as time allows with her support of other volunteer groups and her new job.



Our sincere thank you to Kathi, Dave and Meghan for their time, passion and dedication to B&B and for their service in serving on the Advisory Board. You will be missed!