



Bread & Broth

Volunteer Newsletter

A Note From Our Director

Dear Fellow Volunteers,
I hope all of you had a great 4th of July weekend and enjoyed the parade and the fireworks. All these weekend activities made us forget about COVID and how everything was in a hiatus for over 2 years. Even here at Bread & Broth we have resumed our pre-COVID programs.

Our Second Servings program resumed on March 4th and our Monday Meal program resumed on April 4th. I can't believe that it has been four months since we started our Second Serving and three months since we started our Monday Meal; it sure does not seem that long. Our "Adopt-A-Day of Nourishment" sponsorship program has also returned. We have sponsors for almost all of our Monday Meals through the end of 2022.

It feels so great to see everyone again. There are some volunteers that I haven't seen for over two years, and it is nice to see those volunteers return. I want to thank all of our volunteers who pick up food from the grocery stores, help cook, set up, serve and clean up, order food and do all the coordination. We cannot do it without you.

Our "4 Kids program" started their summer program at the end of June. It is a pleasure to see the kids come in and pick out the food that they like to eat instead of just giving them a bag of food. Their eyes light up when they get some ice cream in addition to all of the food they pick out.

The best news of all came on June 30, when it was announced that Bread & Broth was honored with the "Best of Tahoe 2022 - Best Local Charity" award. I am so happy that so many people feel like we are the best charity in South Lake Tahoe. This shows what our community thinks about us, and it shows how we are needed and how we have helped so many people over the last year. I believe it was not just our volunteers who voted for us, but also other local community members. We received a record number of votes. I would like to thank each and every one of you who has voted for Bread & Broth. We could not have been the recipient of this award without the dedication of all of our volunteers. Thank you.

Sabine Hardin
Director, Bread & Broth



A Fond Farewell to Father Mauricio

Father Mauricio Hurtado, St. Theresa Catholic Church pastor and the church's representative to the Bread & Broth Advisory Board, transferred to St. Dominic Parish in Orland late last month. A farewell dinner was held in his honor at the church on June 24th to provide an official thank you and goodbye.

The eldest of five children, Father Mauricio was born into a farming family in El Calvario, Michoacan, Mexico. He attended seminary at Seminario de Santa Maria de Guadalupe and then came to the United States to continue his studies, entering St. Patrick's Seminary in Menlo Park in 2005.

Father Mauricio served at several parishes before he came to St. Theresa in July of 2015. He has been a devoted leader to the parish church and a tremendous supporter of the ministries of the Parish which included Bread & Broth.

We welcome **Father Joseph Sebastian** who began his ministry at St. Theresa on July 1. Fr. Joseph was ordained to the priesthood in 2008 and has served in a variety of positions over the last 15 years. His most recent assignment was as a Parochial Vicar at Saint Mary's in Vacaville. We welcome Fr. Joseph not only to St. Theresa but also to our Bread & Broth team and organization.



Bread & Broth Honored With Annual “Best of Tahoe” Award

The Daily Tribune announced that Bread & Broth had once again received its “Best of Tahoe” award as the 2022 “Best Local Charity” in the South Lake Tahoe region. The Tribune sponsors this recognition annually; nominations are made by local community members and voting follows. Sabine Hardin, Bread & Broth director, accepted this award at the Tribune’s “Best of Tahoe” celebration held at Lake Tahoe AleWorX on June 30th.

This award is truly a reflection of the hard work, commitment and effort of all of the volunteers who support Bread & Broth. Thank you to all of you!



Three B&B Volunteers Nominated For Their Service to the Community

Roberta Strachan, Carol Gerard, and Wendy David, Bread & Broth volunteers, were all nominated for the “Best Volunteer” in the Tahoe Daily Tribune’s 2022 “Best Of Tahoe” awards. Roberta, Carol and Wendy are actively involved in various B&B programs, and all three sit on the B&B Advisory Board. Congratulations to these women for their continued service to Bread & Broth and their contributions to our community.



B&B 4 Kids Summer Program Returns

After a successful weekend food distribution program during the regular school year, the Bread & Broth 4 Kids Summer Program kicked off on Wednesday, June 29th. Each Wednesday, children up to the age of 18 may come to Grace Hall from 10:00 a.m. until 1:00 p.m. to pick up food to take home- nutritious items like cereal, fresh fruit, protein rich nutrition bars, peanut butter, macaroni and cheese, single serving dinners, and canned meats. In addition, children picking up the bags receive a surprise snack, anything from cookies to ice cream, to enjoy on site. Donated books and toys are also available; children can pick out items of interest along with the food.

In addition to the children who come to Grace Hall, food is delivered to six child care centers and community organizations: Boys and Girls Club, Catalyst Kids, LTCC Day Care, Catalyst Community, Step by Step, and Live Violence Free.

Cheryl Breitwieser, one of the B&B 4 Kids team leads and food purchaser for the program, indicated that food for nearly 155 children was provided the first week of operation. She shared that the children “loved the desserts, books and toys” and it was a “great, fun day for all”

The program will continue each Wednesday through August 24th. Anyone interested in volunteering should contact Sue Fry, B&B Volunteer Chairperson, at bbvolunteers2021@gmail.com.



B&B 4 Kids Cram-A-Cruiser A Huge Success

On Saturday, April 24th, B&B 4 Kids sponsored its annual "Cram-A-Cruiser" event in the Grocery Outlet parking lot. Generous members of the community donated grocery items and "crammed" them into one of the police cruisers provided for the day by the SLT Police Department. This donated food has been used to fill B&B 4 Kids weekend food bags over the past two months.

Along with the food donations, over \$1,000 was collected from those visiting the event. Christy Slocum, one of the B&B 4 Kids team leads and B&B 4 Kids co-chairperson, shared, " We have been unable to hold the Cram-A-Cruiser for two years due to COVID. Our wonderful community was definitely ready to help us again with their food donations and money!"

Thank you to the SLT Police department, Grocery Outlet, our B&B volunteers helping with the event, and the many generous donors who helped to ensure a very successful event.



Two of our high school Cram-A-Cruiser volunteers get ready to load crates of donated groceries into the SLT Police cruiser.



Demian Black, Kathy Hyde, Ellen Camacho, Andrea King, and Milo King from Sierra Sotheby's International Realty participated in the first Adopt-A-Day of Nourishment program after over two years due to the COVID pandemic.

Adopt-A-Day of Nourishment Program Resumes

After more than a two year absence due to the COVID-19 pandemic, the Adopt-A-Day (AAD) program resumed at our June 6th Monday Meal. A volunteer crew from Sierra Sotheby's International Realty supported B&B's serving and clean-up teams to provide the return of the AAD services.

Representing her Sierra Sotheby's AAD crew, Ellen Camacho commented, "We were all very impressed with how much food B&B had to serve and how hard the volunteers worked to give back to the community. It was an honor for us to be a part of the dinner service and can't wait to help out again."

Each week, a business, organization or family can participate in the program by providing a \$300 sponsorship donation which allows B&B to purchase the food items and meal supplies needed for that particular Monday Meal. In addition, 4-5 volunteers from the AAD sponsor group help set up for the meal, serve the food and help with the packing and distribution of the bags of food each client receives.

For those wanting more information regarding about how a business, organization, individual or family might take part in the Adopt-A-Day program, please contact Carol Gerard at 530-542-2876.



Bread & Broth 4 Kids Awarded Two Local Grants

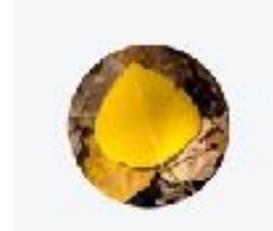
Tahoe Women's Community Fund

On May 17th, Christy Slocum and Paula Peterson, co-chairpersons of the B&B 4 Kids program, accepted a generous donation from the Tahoe Women's Community Fund at a Grants Gala held at the 4-H Camp in Stateline, NV. That evening, TWCF awarded over \$100,000 in funding to non-profits on the South Shore of Lake Tahoe.

All monies received from this grant will be used to purchase nutritious food for our B&B 4 Kids program. With our "Push for Protein" initiative and the higher cost of food, these monies will be so helpful in sustaining the program.

The Tahoe Women's Community Fund is a collective giving organization created in 2015. Through a simple grant making process, the annual proceeds from membership provide financial support to non-profits that address pressing issues facing the communities of Lake Tahoe.

Anyone, including children and men, can become a member of the Tahoe Women's Community Fund. Each member receives one vote in the grant-making balloting. For more information on membership, please email TWCF@eldoradocf.org or call 530-622-5621.



El Dorado Community Fund-GIVE Tahoe Community Grant

In June, the B&B 4 Kids program received a grant donation from the GIVE Tahoe Community Fund to support the purchase of food for the Kids' program. This community grant was open to all non-profits, agencies and schools serving the residents and communities of South Lake Tahoe. Bread & Broth was honored to be one of the recipients.

This grant will enable B&B to continue its "Push for Protein" campaign which has allowed us to replace some of our food items with high-protein choices-fortified milk, protein bars, beef jerky, peanut butter, shelf stable cheese, canned meat, healthy trail mix and low sodium soups. The Kids team has worked with a nutritionist to identify additional food choices that are rich in nutrients and also appealing to children.

With decreased availability of some food items, the rising cost of food, and the possible need of families to tap into the B&B 4 Kids program due to other inflationary issues, the monies generated by this grant will allow us to continue with providing nutritious weekend food for food insecure children in the Lake Tahoe Unified School District.



Bread & Broth is so fortunate to be supported not only by generous individual donors from the Lake Tahoe South Shore community, but also by many agencies and community organizations who provide very charitable contributions and grants to the Bread & Broth organization. Thank you!



Pieces of the Puzzle: Bread & Broth’s Operations Chairpersons/Board Members

Several members of the Bread & Broth Advisory Board serve as officers or as our operations chairpersons, carrying out important duties for the Bread & Broth organization.

Erica Bradley, Secretary

Erica Bradley is currently an IT professional at Sierra at Tahoe Ski Resort, as well as an avid writer who recently published her first book, *Destinies Beyond the Mythos*. After meeting and falling in love with a Tahoe resident, she moved from Reno to make South Lake Tahoe her new home.

In her spare time, Erica has been building a model boat, writing, and taking college classes to improve her technical knowledge.



Robert Thompson, Treasurer

Robert joined the Advisory Board as Treasurer of Bread & Broth in 2022. He is currently the Director of Financial Planning & Analysis of Edgewood Tahoe and has been in the Tahoe area since 2019. He fell in love with the area immediately and wanted to do everything he could to give back to the community.

Robert graduated from the University of Nevada, Reno with a degree in accounting before moving to his roots in the Bay area to work at a top 10 accounting firm CLA and passed his CPA exams. In his free time, he enjoys spending time with his friends and family, sports and traveling.



Sue Fry, Volunteer Coordinator/Chairperson

Sue was born and raised on a farm in northwest Ohio. She was helping herd the cows and drive a tractor when she was just a kid. At 20 years old, Sue decided to spread her wings, and she moved to California where she finished a Bachelor’s of Science degree in Wildlife Biology at the University of California, Davis.

Over the course of her 25 year career, Sue worked for public, private and non-profit organizations providing her the opportunity to live and work across the country. Sue saw the difference between the “haves” and “have nots” and saw that often the “have nots” didn’t have active advocates. This has driven her to be an advocate for those with less and without a voice. One of Sue’s biggest heartbreaks is children without enough to eat. After moving to South Lake Tahoe in early 2021 with her partner Alan, Sue reached out to Bread & Broth and asked, “Where can I help?” Sue now serves as a co-team lead for the B&B 4 Kids program and serves as the Volunteer Chairperson for the entire organization.

Sue enjoys mountain biking, road biking, hiking, and skiing. If she’s not on the mountain, you’ll find her puttering around the yard or traveling in an RV searching out new adventures with Alan.



Mary Ann Valles, Deep Cleaning Coordinator

Mary Ann spent the early years of her life in Hayward, CA where she was born, raised and eventually married and had her daughter. She completed her college education at Chabot Community College and upon graduation, worked in the banking industry.

Mary Ann and her family moved to South Lake Tahoe in 1979 and after years of being a stay at home mom to her daughter, Mary Ann began working at the El Dorado County Superior Court as a Court Clerk, retiring in 2010. Mary Ann began volunteering for Bread & Broth in 2007, working as a Monday Meal serving volunteer/team lead, an assistant cook, an Adopt-A-Day lead, and then joined the Advisory Board as the Deep Cleaning chairperson. Mary Ann works part-time at TJ Maxx. She enjoys singing and is a choir member of her church. Mary Ann enjoys line dancing, yoga, shopping, cooking and time with her two dogs.

