



# Bread & Broth

## Volunteer Newsletter

### A Note From Our Director.....

Dear Fellow Volunteers,

I can't believe that 2022 has come to a close and we are in 2023 already. This past year has flown by so fast. I hope you all had a great 2022.

Bread & Broth has had much to be thankful for. Thanks to the generosity of our donors and active volunteers, we resumed our Second Serving and Monday Meals earlier in the year. Our B&B 4 Kids program is in full swing. We are already providing nutritious weekend meals for more kids than we had last year at the end of the school year. On November 21, we served our first Thanksgiving Meal in 3 years. It took a lot of planning and coordinating. I'd like to thank our Monday Meal Cook Coordinator Diane Weidinger for planning and coordinating this event, Roberta Strachan for purchasing all of the food that was needed for the meal, and all of the cooks and volunteers who made this event a success. Thank you.

I also would like to thank all of our volunteers for your continuous help and dedication throughout the year. We could not have made it through the year without you.

My wish for 2023 is for your continued good health and safety. Happy New Year to each of you!

Sabine Hardin,  
Director Bread & Broth



### A Return of Bread & Broth's Thanksgiving/Holiday Dinner

Bread & Broth hosted its annual Thanksgiving dinner on Monday, November 21st at St. Theresa Catholic Church, Grace Hall. Over 200 meals were served to members of the South Lake Tahoe community. This marks the return of this special holiday meal after a two year hiatus during the COVID-19 pandemic.

A traditional Thanksgiving meal was served featuring turkey, stuffing, mashed potatoes and gravy, cranberry sauce, sweet potato casserole, green bean casserole, rolls and pie for dessert. Those wanting a "to go" dinner to enjoy later left with an additional meal.

In addition, dinner guests were given giveaway bags containing dairy products (eggs, butter, milk), fresh produce, breads, pastries, meat, and canned goods.

Approximately 45 volunteers worked tirelessly over three days to pack giveaway bags, cook the various dishes, decorate Grace Hall, and serve the meal to the dinner guests.

The generosity of the South Lake Tahoe community in supporting this meal was overwhelming. Over \$6,000 was donated by South Lake Tahoe residents and businesses prior to the event to support the purchase of food. In addition, Smart & Final donated 50 pies, Hard Rock Hotel and Casino donated all of the rolls and utensils, and Safeway provided gift certificates to purchase food.

As one guest shared, "This is the only hot Thanksgiving meal I will have, so I am so grateful to everyone who made this dinner possible. Thank you all."



## B&B 4 Kids “Cram-A-Hearse” a Huge Success

For many years, Bread & Broth 4 Kids has sponsored a bi-annual Cram-A-Cruiser event to supplement the food that is purchased for the B&B 4 Kids weekend food program. This Fall, with the event held on October 29th and the donation of the use of a hearse to hold all food donations, the event was temporarily renamed for a special Halloween event.

Bread & Broth’s “Cram-A-Hearse” was held at the parking lot in front of Grocery Outlet, with both food items and monetary donations accepted. Volunteers from Bread & Broth, Outreach SOS, and the Hockey Academy helped collect and pack the many food donations. Volunteers were dressed in Halloween costumes, and Halloween treats, ice cream and a stuffed animal were provided for children enjoying the event.

Approximately \$500 was donated during the day in addition to the donations of soup, mac 'n cheese, canned tuna and chicken, cereal, peanut butter, jelly, nuts, fruit cups, and cheese and crackers. These kid-friendly food items will fill the shelves of Bread & Broth for many months ahead!



### Bread & Broth Receives Donation From American Century Championship

On October 16th, Bread & Broth was among several other non-profits in the South Tahoe community who received generous donations from the American Century Championship Golf Tournament held last July at Edgewood Golf Resort.

As part of the 2022 American Century Championship (ACC), American Century Investments, in partnership with the Lake Tahoe Visitors Authority (LTVA) and NBC Sports, committed \$125,000 from tournament proceeds to these local organizations and non-profits.

Bread & Broth will be using this donation to support two of its programs. One is the “Green Goal” project that ensures that all Monday Meal dinner guests receive food giveaway bags that include dairy products (milk, eggs, and butter) and fresh fruits and vegetables. The donation will also be used to support the purchase of protein rich food for the B&B 4 Kids school weekend food program.

Bread & Broth has been honored to be a recipient of these donations for many years. A big thank to the ACC Committee members along with the LTVA for their continued partnership and support of the various programs of B&B.

Sabine Hardin(below), Director of Bread & Broth, accepted a \$11,000 donation at the LTVA Board of Director’s meeting on October 16th.





## Pieces of the Puzzle: Week 1 Working Teams Second Serving and B&B 4 Kids



**Second Serving Week 1 Volunteers** and number of years volunteering (L to R): Janie Roser (15), Susan Baker (33), Nancy Barclay (1), Dave Carneggie, Louise Ann Simon (13), Mary Lamore (1). **Absent from the picture:** Michelle Reilly, Kit Johnson, Bruce Cox

### Second Serving Volunteers- Week 1

On the first Friday of each month, the pictured volunteers arrive at Lake Tahoe Community Presbyterian Church to provide a warm meal for an average of 40 dinner guests. A soup donated by a local restaurant along with a simple entree or salad is served and food giveaway bags are provided to guests as well.

Second Serving started 13 years ago and initially served just pizza each week. It expanded to soup and bread; then added simple entrees such as chicken wings, Shepherd's Pie, and meatloaf.

Team 1's Team Lead is Susan Baker who also serves on the B&B Advisory Board as Second Serving chair. Susan shares that her mother cooked for a women's shelter many years ago and thinks cooking meals for those in need is "in her DNA". Many of the volunteers serving on the Week 1 Team joined the program after hearing about it in church. All volunteers share that they love the sense of serving the community, the fellowship among the volunteers, the joy of seeing how grateful the dinner guests are, and the ability to reach out to those in need. As Janie Roser shares, "There's just a sense of security our guests get each week by enjoying a meal with their friends... these individuals and families are so grateful."



**B&B 4 Kids Week 1 Volunteers** and number of years volunteering (L to R): **Front Row:** Carol Fontana (5), Margie Maxhimer(2), **Back Row:** Christy Slocum (18), Barbara Robinson (5), Jesse Fiegel (7), Terriann Cherry (6), Karen Wilson (1) **Absent from the picture:** Diane Bisbee, Erin Reardon, Ted Robinson

### B&B 4 Kids Week - Week 1

Each Thursday, B&B 4 Kids teams meet to pack weekend food bags for an average of 160 children from all K-12 Lake Tahoe Unified School District sites. Each bag contains 7 single serving, kid-friendly meals (3 dinners, 2 breakfasts, 2 lunches), protein-rich snacks and fruits.

All volunteers share that it is an important personal priority to serve the children of South Lake Tahoe, and they recognize that the weekend food provides consistent nourishment. As Terriann Cherry states, "This food allows the children to be well fed for sports, homework and other activities over the weekend." And as Erin Reardon suggests, "As the school week starts after a weekend of nourishment, Mondays must be better".

"We know that this food gives kids hope and shows them that someone cares," shares Diane Bisbee. Jesse Fiegel adds, "I just like to think about the kids' faces lighting up when they get the bags".

Christy Slocum serves as the Week 1 Team Lead and also sits on the B&B Advisory Board as co-chair of the Kids' program. She loves the camaraderie of her team and shares, "We couldn't do what we do for the South Lake Tahoe kids each week without our wonderful volunteers. I do think my Week 1 Team is the very best, but to be honest, I have heard that same thing said by all of the other Team Leads about their team members. Thanks to all of the volunteers!"