



A Note From Our Director....

Dear Fellow Volunteers,

This winter weather has been crazy these last few months. I have never seen this much snow in my whole life. Throughout all of this, our volunteers have continued to show up and pick up food from the grocery stores and restaurants every Monday and Friday. Our Monday Meal and Second Serving volunteers have continued to show up and either cook, set up and serve, or clean up. I would like to thank all of our volunteers who continue to risk their safety on these slippery Tahoe roads every time they volunteer. We cannot do it without you. Our Kids' program volunteers have also persevered this winter weather. They have showed up every Thursday, packed bags for the kids, and delivered them to the schools.

We keep the safety of our volunteers in mind at all times. Because of that we have had to cancel one Monday Meal, one Second Serving and one Kids' packing because of a blizzard, a flood and really bad weather.

On a positive note, on January 26 we were awarded the 15th Annual Tahoe Chamber Blue Ribbon Award in the Community Enrichment category. In addition, our Communications Chairperson and Grant Writer, Beth Wallace, won the Blue Ribbon Award in the Volunteer of the Year category. Congratulations to Beth and all of our hardworking volunteers. We could not have won these awards without everyone's hard work and dedication.

Sabine Hardin,
Director Bread & Broth



Bread & Broth Volunteer Newsletter



Bread & Broth Cancels Services Due to Weather

Winter has provided a challenge for all of us over the past few months, and Bread & Broth has been faced with decisions to protect both volunteers and B&B dinner guests and program recipients.

Bread & Broth has cancelled three events this winter: Monday Meal on February 27th, Second Serving on March 10th, and the B&B 4 Kids packing on March 2nd.

Based on historical information, Bread & Broth has cancelled services only twice before in the last 33 years- one for the 4th of July and once during the Caldor Fire evacuation.

Susan Baker, chairperson of the Second Serving program, shared that their March 10th meal had to be cancelled for other reasons besides the snow and the city's State of Emergency declaration. Bally's, that week's soup provider, could not provide the soup due to their kitchen flooding, and the church experienced a water leak in their serving area.

The B&B 4 Kids program has kept a creative schedule this winter, often coming in on off days to get bags packed. With multiple school closures due to the weather, B&B has worked hard to ensure that students receive their weekend bags. This proved impossible on March 2nd when school was closed for most of the week.

Bread & Broth volunteers have once again shown their dedication to making sure that the food insecure of South Lake Tahoe are fed coming in on days when the weather was unbelievably challenging. Thank you to all!



Bread & Broth Honored with the Tahoe Chamber Blue Ribbon Award

On January 26, 2023, Bread & Broth received the Community Enrichment Blue Ribbon Award from the Tahoe Chamber at an event held at the Hard Rock Hotel and Casino.

The Community Enrichment Award is given to a business, a non-profit or agency that has worked to improve the community.

This award represents the hard work, the dedication and hours of endless support all volunteers provide to allow Bread & Broth to have such a positive presence in the South Lake community.



Bread & Broth volunteers Carol Gerard (Past Director), Beth Wallace (Grant Writer/ Communications) and Sabine Hardin (Director) celebrate Bread & Broth's Community Enrichment Award.

Two Fundraisers Support Bread & Broth 4 Kids

Two events have been scheduled to support the B&B 4 Kids program over the next few months. On every Sunday during the month of April, Flatstick Pub will donate \$1 from each beer or mini-golf game purchased.

Mark your calendars for the May 6th Spring Cram-A-Cruiser. Once again, we will be asking for food to fill our B&B 4 Kids shelves. Come join in on the fun!



Every **Sunday** during the month of April, Flatstick Pub/Tipsy Putt will donate \$1 for every beer and \$1 for every round of golf purchased to the Bread & Broth 4 Kids Program

Flatstick Pub offers a "family friendly" environment for a game of mini golf and the opportunity to try tasty local beers.

Come have a fun and entertaining time with your family and friends and raise money to help feed our local children.



Hours: 11 a.m. to 10 p.m. every Sunday
 Location: 4101 Lake Tahoe Blvd.
 Menu: Mexican/American/Pizza
 Parking: Street, Casino or behind CVS or \$5 after 5 p.m. at Heavenly Parking Garage

*** A raffle for a local restaurant \$50 gift certificate will be held every Sunday ***

CRAM-A-CRUISER

Help fill a South Lake Tahoe Police Cruiser with food for local children in need on Saturday, May 6.

Saturday, May 6
 at Grocery Outlet in South Lake Tahoe
 from 10 a.m. to 3 p.m.



DONATIONS



Vail EpicPromise, Heavenly Mountain Resort and Kirkwood Mountain Resort Provides Grant to Bread & Broth

In January, Bread & Broth was the recipient of a \$12,019 grant awarded by Vail EpicPromise. The grant will be used to support three of B&B's projects. Part of the EpicPromise donation (\$4,200) will be used to support Bread & Broth's "Green Goal" project. Our Monday Meal provides a nutritious, full course meal to anyone walking through the doors of Grace Hall, St. Theresa Catholic Church. At this hot meal, guests also receive donated bread and desserts, canned foods, and meat along with items provided by the El Dorado Food Bank. In addition, Bread & Broth purchases fresh fruit, fresh vegetables and dairy products (eggs, milk and butter) through our "Green Goal" project. Our dinner guests are most appreciative of this fresh produce and perishable dairy products- many have stated that this is their only access to these food items.

This grant also provides \$4,219 to support the B&B 4 Kids Program, ensuring that food insecure children in the Lake Tahoe Unified School District will be provided with nutritious, protein rich food items over the weekend during the school year and over the summer break. It is the goal of the program that the quality of food included in these bags improves through our "Push for Protein" initiative. Our partnership with a local nutritionist and our efforts to identify low-cost, protein rich food choices continues.

Finally, \$3,600 will be used to support the "Adopt-A-Day of Nourishment" program. EpicPromise will support twelve Monday Meals providing money for food purchases as well as volunteers from both Heavenly and Kirkwood Mountain Resorts. This support is invaluable to our Monday Meal program.

Vail Resorts, Heavenly Mountain Resort and Kirkwood Mountain Resort continue to be strong supporters of the B&B programs, both with financial support as well as providing volunteers who participate in all of our programs. B&B is very appreciative of the continued partnership we have with Vail and their two local ski resorts.

Guild Mortgage Employees Donate to B&B 4 Kids

In early February, Guild Mortgage of South Lake Tahoe presented the B&B 4 Kids program with a check for \$3,750. This is the second year in a row that Guild Mortgage has made a very generous donation to feed local children through the B&B 4 Kids Weekend Food Bag program.

A company-wide effort through the Guild Giving Foundation matches employee donations two to one in more than 350 of its branches. These donations support local food banks and charities that support food insecurity in their communities where they work.

Above, South Lake Tahoe Loan Officer Tara Offenbacher presents the check to Christy Slocum, co-chairperson of the B&B 4 Kids program, B&B Director Sabine Hardin, and Cheryl Breitwieser, co-chairperson of the B&B 4 Kids program. Tara stated, "This really helped us make a real difference in our local communities. With rising food costs right now, it feels more important than ever to help children and families in need."

These funds will provide approximately 350 weekend food bags to children at all Lake Tahoe Unified School District sites. These bags contain 7 single serving meals (3 dinners, 2 lunches and 2 breakfasts) along with fruit and snacks each week. Bread & Broth thanks Guild Mortgage for this very generous donation.

South Tahoe HS Student Selects B&B 4 Kids For Donation

Three students at STHS were recognized and awarded by Soroptimist International of Tahoe Sierra GIVE (Girls Into Volunteer Experiences) with \$250 for themselves and \$250 for a charity of their choice. Sofia Marroquin (right, with B&B 4 Kids Co-Chairperson Cheryl Breitwieser) chose Bread & Broth 4 Kids, and her essay outlining her volunteer involvement and activities was a winner! Sofia is a member of S-Club at the high school, and she also volunteers for the B&B 4 Kids Summer Program. Sofia and the S-Club group is launching a food drive to collect food for the Kids' Weekend Food Bag program. Thank you to Sofia and the South Tahoe High School S-Club for their generosity and their willingness to support the food insecure children of South Lake Tahoe.





**Pieces of the Puzzle:
Our Working Teams
Week 2**

Second Serving Volunteers- Week 2

There's nothing like showing up for a Second Serving Week 2 meal of Dave Carneggie's meatloaf, potatoes, and gravy. The dinner guests say it is one of their favorite meals, and their look of contentment shows!

Some members of the Week 2 volunteer team have past experience working with providing food for others. Dave Carneggie and Bonnie Driscoll worked in soup kitchens both in San Francisco and Alaska. Rick Chilcott not only serves on a Second Serving team but also volunteers for Bread & Broth's Monday Meal program along with supporting the Tahoe Coalition for the Homeless team. Others like Kerry Ireland heard about the Second Serving program after serving as a volunteer for B&B during the pandemic.

All of the Week 2 team members recognize the impact that the Second Serving program has providing a soup and a simple entree to the dinner guests each Friday. As Week 2 coordinator Bonnie Driscoll shares, "Not only do we provide nutritious food, but the dining area at LT Community Presbyterian Church gives them a place to socialize and feel valued." Kerry Ireland adds, "The Second Serving mealtime is a place where guests feel secure, see their friends and get out of the cold." She adds, "The guests always seem so appreciative." Especially with that delicious meatloaf!



Second Serving Week 2 Volunteers and number of years volunteering: Front Row (L to R)- Kerry Ireland (3), Bonnie Driscoll (20), Jeb Brathovde (10) Back Row (L to R)- Rick Chilcott (5), Whitney Brennan (1), Dave Carneggie (20). Absent from the picture: Maggie Gordon, Bill Gordon.



B&B 4 Kids Volunteers- Week 2

On the second Thursday of each month, a dedicated group of eleven volunteers gather to pack weekend food bags for the B&B 4 Kids program. These volunteers can be found busy packing individual, kid-friendly meals, snacks, and fresh fruit to sustain children over the weekend. Approximately 155 bags are packed each Thursday, delivered to schools and distributed to students on Friday. In addition, volunteers deliver nutrition bars to each school for children who might arrive at school hungry or who become hungry during the school day.

When asked about the impact the Kids' program has on the students in the Lake Tahoe schools, Chris and Deborah Gwaltney expressed that it was their hope that the students knew that people outside of their own family truly cared about their well being. Jerilyn Sadler added, "Besides providing extra nutrition, perhaps the program provides help for parents to not feel guilty for possibly not having enough food for their kids or helping them save a bit more money to pay other bills".

With the escalating prices of food and other expenses such as utilities, rent, and gas, the purchase of food for a family is often compromised. B&B 4 Kids offers some relief. As Carol Fontana describes the program, she states, "I'm sad that there are so many food insecure families in the community, but I'm pleased that I can be a part of bringing them some relief. It's fun with a purpose."

B&B 4 Kids Week 2 Volunteers and number of years volunteering (L to R): Front Row- Deborah Gwaltney (9), Cathy McCune, Sabine Hardin (5), Carol Fontana (6), Jerilyn Sadler (3) Back Row- Amy DeGregory, Mary Anne Miller, Ted Robinson, Chris Gwaltney.(5) Absent from the picture: Barbara Robinson, Chris McCune